

# Athletic Training Room Rules & Regulations

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1. **PLEASE BE ON TIME** for treatment and rehab
2. **PLEASE DO NOT WEAR OTHER COLLEGE LOGOS EXCEPT FOR TIFFIN OR YOU WILL BE ASKED TO LEAVE**
3. No athletes are permitted to enter the athletic training room through the door that connects to the weight room
4. No loitering, inappropriate language, or disrespectful behavior.
5. Athletes must sign in before getting treatment.
6. Report all injuries and/or illnesses to an athletic trainer when they occur.
7. No bags or coats are allowed in the treatment area at any time.
8. No food, beverage, or tobacco allowed in the athletic training room!
9. Under no circumstances are athletes to administer treatments to themselves, or have treatments be unsupervised.
10. Please allow suitable time before practice/games or make arrangements with the athletic training staff for necessary treatment.
11. Being in the athletic training room is not an excuse for missing or being late for class. Please do not ask athletic training staff for written excuses.
12. The computers and the phones in the athletic training room are off limits.
13. Shower before entering the athletic training room or you will not receive treatment!!!
14. No cell phones allowed in the athletic training room while doing rehab.
15. **DO NOT** remove towels from the athletic training room.
16. Dress appropriately (i.e. T-shirts and shorts are a minimum. No volleyball tights or sports bra's unless you are in the ice bath) Please note that the athletic training room is co-ed.
17. **PLEASE DO NOT** put your shoes on the treatment tables!!!

**IF YOU DO NOT FOLLOW THESE RULES YOU MAY BE ASKED TO LEAVE THE ATHLETIC TRAINING ROOM WITHOUT RECEIVING OR COMPLETING YOUR TREATMENT**

*Athletic Training Room Hours of Operation (Subject to Change)*

*-Please call the athletic training room for current hours-419-448-3263*

*Hours are Monday through Friday*

*Hansen Physical Fitness Center (Main Training Room)*

*8AM – Noon*

*Closed 12:00 – 1:00 PM For Lunch*

*Afternoons are by appointment only*