

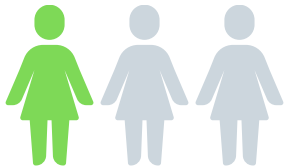
DID YOU KNOW...



October is recognized as National Domestic Violence Awareness Month.



Purple is the official color of Domestic Violence Awareness Month.



On average, more than 1 in 3 women in the U.S. will experience sexual assault, physical violence, and/or stalking by an intimate partner.



On average, more than 1 in 4 men in the U.S. will experience sexual assault, physical violence, and/or stalking by an intimate partner.

RESOURCES

National Domestic Violence Hotline:
1-800-799-7233

Love is Respect Text Support:
Text 'LOVEIS' to 22522

Ohio Domestic Violence Network
odvn.org/dvam

Love is Respect Website:
loveisrespect.org

One Love Foundation Website
joinonelove.org

FOR EMERGENCIES CONTACT:
911 OR Campus Security at 419-934-0721

Scan the QR Code to Report Domestic Violence or Dating Violence at TU:



Join us in solidarity as we remember those who have lost their lives to dating and domestic violence, support those who have survived dating and domestic violence, and educate ourselves and others on dating and domestic violence support services.

Last Updated: January 2025



DATING & DOMESTIC VIOLENCE AWARENESS

tiffin.edu/about/title-ix-and-civil-rights/

10 SIGNS OF AN UNHEALTHY RELATIONSHIP

INTENSITY

When someone expresses very extreme feelings and over-the-top behavior that feels overwhelming.

POSSESSIVENESS

When someone is jealous to a point where they try to control who you spend time with and what you do.

MANIPULATION

When someone tries to control your decisions, actions or emotions.

ISOLATION

When someone keeps you away from friends, family, or other people.

SABOTAGE

When someone purposely ruins your reputation, achievements, or success.

BELITTLING

When someone does and says things to make you feel bad about yourself.

GUILTING

When someone makes you feel responsible for their actions or makes you feel like it's your job to keep them happy.

VOLATILITY

When someone has a really strong, unpredictable reaction that makes you feel scared, confused or intimidated.

DEFLECTING RESPONSIBILITY

When someone repeatedly makes excuses for their unhealthy behavior.

BETRAYAL

When someone is disloyal or acts in an intentionally dishonest way

TIFFIN UNIVERSITY POLICY

Tiffin University is committed to providing a workplace and educational environment, as well as other benefits, programs, and activities, that are free from discrimination, harassment, and retaliation.

DATING VIOLENCE

Is violence, on the basis of sex, committed by a person who is in or has been in a social relationship of a romantic or intimate nature with the Complainant. The existence of such a relationship shall be determined based on the Complainant's statement and with consideration of the length of the relationship, the type of relationship, and the frequency of interaction between the persons involved in the relationship. For the purposes of this definition, dating violence includes, but is not limited to, sexual or physical abuse or the threat of such abuse.

DOMESTIC VIOLENCE

Is a felony or misdemeanor crime of violence, on the basis of sex, committed by a current or former spouse or intimate partner of the Complainant, by a person with whom the Complainant shares a child in common; by a person who is cohabitating with, or has cohabitated with, the Complainant as a spouse or intimate partner; by a person similarly situated to a spouse of the Complainant under the domestic or family violence laws of the State of Ohio; or by any other person against an adult or youth Complainant who is protected from that person's acts under the domestic or family violence laws of the State of Ohio.

10 SIGNS OF A HEALTHY RELATIONSHIP

COMFORTABLE PACE

The relationship moves at a speed that feels enjoyable for each person.

TRUST

Confidence that your partner won't do anything to hurt you or ruin the relationship.

HONESTY

You can be truthful and candid without fearing how the other person will respond.

INDEPENDENCE

You have space to be yourself outside of the relationship.

RESPECT

You value one another's beliefs and opinions, and love one another for who you are as a person.

EQUALITY

The relationship feels balanced and everyone puts the same effort into the success of the relationship.

KINDNESS

You are caring and empathetic to one another, and provide comfort and support.

TAKING RESPONSIBILITY

Owning your actions and words. You avoid placing blame and are able to admit when you make a mistake.

HEALTHY CONFLICT

Openly and respectfully discussing issues and confronting disagreements non-judgmentally.

FUN

You enjoy spending time together and you bring out the best in each other.

Adapted from joinonelove.org