



## **BACHELOR OF ARTS IN PSYCHOLOGY/ ADDICTIONS COUNSELING CONCENTRATION**

### **What is Addictions Counseling?**

The Bachelor of Arts in Psychology with an addictions counseling concentration provides hands-on skills and clinical education in problems of substance use, abuse and dependence and other related and co-occurring mental health addictive issues. Our program is designed to meet the educational requirements for Chemical Dependency Counselor licensure status and the international certification standards in addiction counseling. Faculty members teaching in the program are licensed professionals with experience working in the mental health and/or addictions field.

Students in the program can complete an internship in the field and work on the 220 hours of practical experience in the 12 core areas required for licensure. By achieving this and completing all the required coursework, students will only need one year of experience in the field (2,000 hours) to sit for the licensure exam and become licensed at the second highest level for chemical dependency counselors in Ohio.

### **Why study Addictions Counseling?**

Our addictions counseling courses are unique as we focus on simulated counseling sessions, diagnostic assessments, group counseling sessions and treatment plans. Students will gain the foundation needed through hands-on skills and clinical education to obtain a chemical dependency license or advance to graduate school.

### **What can I do with a bachelor of arts in Psychology/Addictions Counseling degree?**

Before finishing their degree, students can apply for the Chemical Dependency Counselor Assistant License (after taking CSL 310). A minor in addictions counseling adds valuable skills and knowledge to majors who may not practice as a counselor but work with people facing addiction issues. Due to the current opioid epidemic, there is a high demand for chemical dependency counselors and many of our students report being able to find employment in the field before graduation.

### **Potential Careers:**

- Case Manager
- Intake Specialist
- Group Facilitator
- Addictions Counselor
- Community Health Worker
- Care Coordinator

### **How Much Will I Earn with a BA in Psychology/Addictions Counseling?**

Due to the diversity and broad nature of the field, students have a variety of potential employment opportunities with varying levels of pay. The job market listed below indicates average salaries by profession. Please note that many of the professions listed below require further specialized education well beyond the bachelor's degree, and a BA in Psychology/Addictions Counseling alone may not qualify you for several of these positions. Please confer with your academic advisor for further information on the type and level of education required for these listed professions.

- Psychologist - \$81,040
- Substance Abuse Counselor - \$48,520
- Social Worker - \$50,390
- Mental Health Counselor - \$48,530
- Human Resource Specialist - \$62,290
- Market Research Analyst - \$63,920



## What is your pathway to graduation?

YEAR 1	
FIRST YEAR FALL	FIRST YEAR SPRING
DEC100 Dragon Education: Engage	ENG142 Rhetoric and Academic Writing
ENG141 Rhetoric and Intro to Research Writing	MAT185 Quantitative Reasoning
PSY101 Intro to Psychology	SOC101 Intro to Sociology
DLT101 Digital Literacy and Technology Readiness	NAT130 Foundations of Healthy Living
COM130 Intro to Speech Communications	PSY250 Social Psychology

YEAR 2	
SECOND YEAR FALL	SECOND YEAR SPRING
PSY265 Lifespan Development	DEC200 Dragon Education: Explore
MAT273 Applied Statistics I	Open Elective (100 level or above)
One of the following courses: HIS201/ENG201/PHI110/ART210/CUL210/PHI215/GSC110	PSY302 History and Systems of Psychology
Open Elective (100 level or above)	PSY263 Theories of Personality
PSY201 Intro to Professional Practice	Any one course in ART/CUL/HIS/NAT

YEAR 3	
THIRD YEAR FALL	THIRD YEAR SPRING
CSL310 Intro to Addiction Theory & Practice	DEC300 Dragon Education: Connect
PSY362 Abnormal Behavior	PSY401 Biological Basis of Behavior
PHI215 Ethics	CSL320 Counseling Procedures and Strategies with Addicted and Disordered Populations
SCS300 Research Design	CSL430 Cultural Competence in Counseling
Open Elective (100 level or above)	Open Elective (200 level or above)

YEAR 4	
FOURTH YEAR FALL	FOURTH YEAR SPRING
CSL425 Group Process and Techniques Working with Addicted and Disordered Populations	DEC400 Dragon Education: Impact
CSL440 Prevention, Intervention and Treatment Planning in Addictions	CSL445 Theory and Practice of Relationship Counseling in Addictions and Behavioral Health
Open Elective (200 level or above)	CSL435 Assessment and Diagnosis of Addictive and Behavioral Health Problems
Open Elective (200 level or above)	Open Elective (200 level or above)
SCS470 Internship	Open Elective (200 level or above)

## Can I choose a minor?

There are several minor options available to psychology/addictions counseling majors; historically, two of the most popular have been the following:

MINOR OPTIONS			
JUSTICE ADVOCACY		CORRECTIONS	
COURSE NAME	CREDITS	COURSE NAME	CREDITS
SOC265 Peace and Social Justice	3	COR120 Correctional Thought and Practice	3
POL207 The Courts	3	COR231 Juvenile Justice Systems	3
POL400 Constitution, Liberty and Order	3	COR245 Probation, Parole and Community Corrections	3
JUS425 Evidence-Based Child Advocacy	3	COR420 Agency Management	3
FOR105 Victimology	3	One of the following: COR336/FOR365/FOR430/PSY269	3
SOC360 Multicultural Issues in Society	3		

## Enhance your degree with a designation, license or certification.

DESIGNATION OPTIONS			
CHEMICAL DEPENDENCY COUNSELOR ASSISTANT LICENSURE		CELEBRATING CULTURAL UNIQUENESS CERTIFICATE	
COURSE NAME	CREDITS	COURSE NAME	CREDITS
CSL310 Intro to Addiction Theory and Practice	3	TU's CCU Training Module	Badge/ Certificate
*Eligible to sit for CDCA Licensure Exam	3		

## Dual Enrollment/4+1

Students who wish to be promoted to leadership positions in the field or practice clinical work in the future will eventually need to complete their graduate degree. Taking advantage of the dual enrollment opportunity allows graduate-level classes in students' senior year to count toward their undergraduate and graduate degrees simultaneously saving both time and money. Most MSCJ graduate degrees can be completed in one year or less.

YEAR 4	
FOURTH YEAR FALL	FOURTH YEAR SPRING
*PSY543 Developmental Psychology	*PSY546 Psychology
CSL425 Group Process and Techniques Working with Addicted and Disordered Populations	DEC400 Dragon Education: Impact
CSL440 Prevention, Intervention and Treatment Planning in Addictions	CSL445 Theory and Practice of Relationship Counseling in Addictions and Behavioral Health
Open Elective (200 level or above)	CSL435 Assessment and Diagnosis of Addictive and Behavioral Health Problems
SCS470 Internship	Open Elective (200 level or above)

\*Signifies a graduate-level class.

# Stay on track!

## YEAR 1

- Meet with your assigned faculty mentor and professional advisor to ensure your plan meets your career goals and considers options such as minors, dual enrollment and unique internship opportunities.
- Consider job shadowing/exploring opportunities.
- Explore student groups, fellowships, clubs and extracurriculars on campus that apply to your career goals.
- Complete DEC100.

## YEAR 2

- Meet with your assigned faculty mentor and professional advisor to ensure you are on target to graduate.
- Develop your resume.
- Continue job shadowing to build a professional network.
- Attend the career fairs offered on campus throughout the year.
- Complete DEC200.
- Begin exploring internships and graduate schools/programs (if applicable).

## YEAR 3

- Meet with your assigned faculty mentor and professional advisor to ensure you are on target to graduate.
- Visit Career Services regularly to plan for your internship and begin practicing skills related to your upcoming job search (interview practice, dress for success seminars, etiquette 101, etc.)
- Work with the school's internship coordinator to help secure an appropriate internship.
- Fine-tune your resume and cover letter with career services.
- Complete DEC300.
- Attend the career fairs offered on campus throughout the year.
- Finalize graduate school plans.
- Complete your internship.

## YEAR 4

- Meet with your assigned faculty mentor and professional advisor to ensure you are on target to graduate.
- Complete/submit graduate school applications by deadlines.
- Attend the career fairs offered on campus throughout the year.
- Begin your job search and submit applications for potential opportunities.
- Complete DEC400.
- Apply for graduation through the registrar's office at TU.



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