

Staying Safe on Campus

The safest way for me to get to class is: _____

The safest way for me to get to work, practice, etc. is: _____

These are places on campus where I often run into the other person: _____

If I am unable to avoid that person in one of those places I can make sure a friend can go with me. I will ask: _____

If I feel threatened or unsafe while I am on campus, I can go to these public areas where I feel safe: _____

Staying Safe in my Place of Residence

I can tell these people (hall mates, roommates, RAs, etc.) about what is going on: _____

There will be times when my roommate is gone. If I feel unsafe during those times, I can have people stay with me. I will ask: _____

The safest way for me to leave my place of residence in an emergency is: _____

These are things I can do to help keep myself safe every day:

- I will carry my cell phone and important telephone numbers with me at all times.
- I will keep in touch with someone I trust about where I am or what I am doing.
- I will stay out of isolated places and try to never walk around alone.
- I will keep the doors and windows locked where I live, especially if I am alone.
- I will call 911 or Campus Safety & Security if I feel my safety is at risk.

These are things I can do to help keep myself safe in my social life:

- I will ask my friends to keep their cell phones with them while they are with me in case we get separated and I need help.
- I will avoid going out alone, especially at night.
- No matter where I go, I will be aware of how to leave safely in case of an emergency.
- I will spend time with people who make me feel safe, supported and good about myself.

These are things I can do to stay safe online and with my cell phone:

- I will set my online profiles to be as private as they can be.
- I will not share my location on social media or post about where I am at.
- I will save and keep track of any abusive, threatening or harassing comments, posts, or text messages.
- I will not share my password with anyone.
- I will block the other person's phone number and/or social media accounts.